

Take Back Your Wedding: Managing the People Stress of Wedding Planning

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Find guidance for creating a strong extended family while dealing with all the emotional issues of wedding planning. Learn how to handle the variety of conflicting expectations between bride and groom and among both sets of parents and any stepparents, your friends and colleagues, and your religious traditions. Identify and plan for common wedding pitfalls. And prepare yourself to deal with problem family members gracefully.

Makes a great engagement gift. Sample chapters, discussion board online.

Target audiences:

engaged, traditional, happy, Christian, Jewish, Muslim, Hindu, Buddhist, Catholic, childless, parents, empty nesters

No religious content. Authors are a marriage and family therapy professor and his married daughter.

Other Editions:

None