

## Making Marriage Work (DVD)

By John M. Gottman, Ph.D.  
DVD - November 2004  
Better Life Media  
48 Minutes

Learn the Seven Principles for Making Marriage Work. Gottman is a leading marriage researcher, and this video illustrates the seven principles in his most popular book.

**Target audiences:**

engaged, married, life partners, traditional, same-sex, happy, troubled, abusive, Christian, Jewish, Muslim, Hindu, Buddhist, Catholic, childless, parents, empty nesters

No religious content. Author is a psychologist and marriage researcher.

**Related Book:**

The Seven Principles for Making Marriage Work